



Club volleyball: provides a competitive level of play for girls who are interested in improving their skills and gaining the experience necessary to play in high school and beyond.

- *Helps improve player's skills through practice with a selected team.*
- *Provides an opportunity for tournament play against teams from all over the region and possibly the nation.*
- *Provides an opportunity to meet new friends and play with athletes with similar goals.*
- *Helps develop social skills and teaches athletes about competitiveness and how to deal with both winning and losing.*
- *Provides the best way to help players get collegiate exposure.*

#### **A. Who we are:**

Coastal Crush Volleyball Club is an indoor and beach volleyball club, started in 2015 for kids and juniors, ages 8-18, in the Escambia and North Santa Rosa, Florida area. We compete in the Gulf Coast region of USA Volleyball which extends from Biloxi, Mississippi to Panama City, Florida.

We strive to build a passion for volleyball through positive and challenging coaching, rooted in proven techniques.

#### **Staff:**

Director of Operations: Joshua Steele

Oversee coaches, player development, practices, tournament schedules, point of contact for these topics.

Contact: 850-549-7633 (text or call)

Director of Administration: Alanah Reuter

LeagueApps, registration, payments, advertising, sponsorships, social media, website, team store, point of contact for these topics.

Contact: 832-692-2051 (text or call)

## **Coaches:**

Claire Stewart-

7th season with Coastal Crush

Myranda Soutullo -

4th season with Coastal Crush

Railee Cook-

2nd season coaching with Coastal Crush, 8th season affiliated with CCVC.

Head volleyball coach at the Lead Academy.

Kayln Midgett-

2nd Season with Coastal Crush

Anne Ellenberger-

1st Season with Coastal Crush.

Assistant Volleyball Coach at Pace High School

Virginia French-

1st Season with Coastal Crush.

Assistant Volleyball Coach at Milton High School

## **Communications:**

Website:

[www.coastalcrushvolleyballclub.com](http://www.coastalcrushvolleyballclub.com)

\*A great place for all updated info about the club and upcoming events.

Social Media:

Facebook: [www.facebook.com/coastalcrushvolleyballclub](http://www.facebook.com/coastalcrushvolleyballclub)

Instagram: <https://www.instagram.com/coastalcrushvolleyball/>

\*Be sure to like, follow, and share! We will be stepping up our social media presence with polls, giveaways and info sharing this season.

LeagueApps:

<https://coastalcrushvolleyballclub.leagueapps.com>

\*Used for all club specific registration, payments, and communications.

Club Email:

[coastalcrushvc@gmail.com](mailto:coastalcrushvc@gmail.com)

## **B. What to Expect**

### **Tryouts:**

Ages 15-18: November 14th from 5:30-8:30pm at Creative Learning Academy.

Ages 12-14: November 15th from 5:30-8:30pm at Creative Learning Academy.

Grassroots do not have to try out, unless they want to possibly be considered for a club team. If not, grassroots will simply just register for their season online.

- Players may try out for teams above their age group, but not below.
- Performances will be evaluated to place each player on the appropriate team for them to develop, grow, and be most successful.
- Upon receiving a team invitation after tryouts, players may accept the invitation to be on a team, decline the invitation, OR choose to be a practice player for the season.

Sign up for tryouts today on [League Apps!](#) This is our player management system that allows for the formation of teams, communications, as well as billing.

## **Team Selection**

Within USAV, teams are created and organized based on age, in accordance with the USAV age chart.

<https://usavolleyball.org/wp-content/uploads/2022/07/2023-Age-Definition-Chart-Only.pdf>

If a player is skilled enough, she may be able to play one or two years up in an age group. For example: 14U may play on a 15U or even 16U team if skilled enough. We will also pair the age of the team up with the coach that will best work with that age group of girls. If you feel that your player is not yet ready for a team, or maybe your schedule won't allow the travel, we have a Practice Player position. Cost for this is \$900 for Regional Teams and \$600 for Local Teams. Practice players are invited to every team practice, however they will not be traveling to tournaments.

## **Practice**

Club practices will begin the first full week of December. If you have a Monday practice, you will begin on the 5th. If you have a Tuesday practice, you will begin on the 6th. With these two full weeks of practices in December, teams will be able to get to know one another, bond, and begin building their skills individually and as a team before the holidays. Club teams will resume practice the week of January 9th.

Grassroots will begin the week of January 9th.

\*\*\*A mandatory Team and Parent Meeting will take place on the first practice of the season.\*\*\*

At this meeting, you will be introduced to your coach and to one another, be given all team specific info for the season, gather correct contact info, designate a team parent..etc.

## **Tournaments**

15U-18U teams first tournament will be the Friendship tournament on December 11th. This is a one day tournament that is played in Foley at the volleyball complex. All other teams will have their first tournament in January.

Tournaments are used to showcase the team's abilities and progress throughout the season and we foster the "Play to Win & Earn not Given" mentality. This means, we want our players to learn competitiveness and learn what it means to "earn" their spot on the court, so although our hope is that every player gets playing time at each tournament, the amount of court time is not guaranteed as it must be earned by the player at practice.

Most of the tournaments are two day tournaments, and most of them are located close enough to be able to drive back and forth, eliminating the extra cost of staying in a hotel. Although, you may choose to stay closer to the tournament if you desire. For two day tournaments, Saturday is Pool Play. Teams will play up to 3 matches and get seeded for the playoff round that begins on Sunday. Typically 14 and under teams play in the morning session, or wave, and 15 and up play in the afternoon wave, however, this is

not always the case as the tournament host will organize the schedule and the schedules are not released until the Wednesday before the tournament. Morning waves usually start at 8am and end by 1pm, afternoon waves usually start by 2pm and end close to 8pm. Sunday times depend on seeding but usually are over by early afternoon.

Grassroots have one day Playdates. This is typically a two to three hour session of 30 min timed games. They should get about 3-5 games depending on the number of teams in the playdate.

### **Expectations of Players**

Players are expected to participate and communicate. This comes first by showing up at practice and tournaments and communicating absences to their coach beforehand. Players need to advocate for themselves, communicating with the coach and players directly to get informed, monitor, or correct any issues/confusion that may arise. Your player needs to understand what the coach is looking for and what the team needs from them in order for player and team success.

### **Expectations of Parents**

Parents are expected to get their player to and from practices and tournaments on time. Anything you can do to assist the coach and team in building a positive team experience is appreciated. This may be helping set up team events, providing snacks for tournaments, filming and sharing the matches, planning team dinners, taking stats...etc. We also ask that parents pay attention to their player's experience, but give them the opportunity to self advocate and give us the trust that we will do our job and help grow your player.

### **C. Cost Breakdown:**

We work hard to keep our costs down. However, practice rental costs, tournament costs, and apparel and equipment costs have all increased recently. Due to this, we have made some adjustments to our club fees.

#### Regional Teams:

\$1700 Club fee

This fee will cover Facilities, Tournaments, Coaches, Administrative costs, and Regional Fees.

\$100 Uniform Package

This fee will help cover the costs of the two jerseys and warm up top.

\*Although not required, players will have the opportunity to purchase more apparel and team gear from our team store in addition to the Uniform Package.

#### Local Teams:

\$1000 Club fee

This fee will cover Facilities, Tournaments, Coaches, Administrative costs, and Regional Fees.

\$60 Uniform Package

This fee will help cover the cost of the jersey and warm up top.

\*Although not required, players will have the opportunity to purchase more apparel and team gear from our team store in addition to the Uniform Package.

Upon accepting a spot on a team you will have the option to select different payment plans. Each plan's initial deposit is significantly higher than the other payments. This is because a lot of our costs, like jerseys/tournament fees/facilities, are needed up front. Please plan accordingly.

**Added Costs:**

\$40 tryout fee paid and registered through LeagueApps

\$95 USAV membership paid through SportsEngine

**Grassroots:**

\$375 Club fee

This fee will cover Facilities, Tournaments, Coaches, Administrative costs, Regional Fees, and Uniform Top.

\*Although not required, players will have the opportunity to purchase more apparel and team gear from our team store.

**Added Costs:**

USAV membership paid through SportsEngine. Price is based on the age of the player ranging from free to \$50.

**D. Non negotiables:**

**Registration:**

You have to be registered with [Sports Engine](#). This is your insurance. All club affiliates are required to hold this yearly membership for participation in ANY club event (season, beach, clinics, camps...etc). Returning parents should be able to log into their SE account and renew. For both returning and new players, please follow the steps on our CCVC website, using the link we have provided for a quick easy purchase of this membership. Our link assigns you to CCVC (required by the region) so you won't have to reassign it later if you use our link while purchasing.

**Link (or click from ccvc website):**

<https://memberships.sportsengine.com/org/gulf-coast-region-volleyball/affiliation/coastal-crush-volleyball-club/get-membership>

**Must have before tryouts: (All documents are located on our CCVC Website)**

- [USAV Medical Release form](#)
- [USAV Parent Code of Conduct](#)
- [USAV Waiver and Release of Liability Form](#)
- CCVC Parent/player contract (signed electronically when accepting a team invite)

As you will notice in your CCVC contract upon registering, club fees are non-refundable. In the event you choose not to finish the season, the full club fee will still be required, upcoming payments will still be processed and no refunds will be given.

## E. Time Table:

Monday November 14 5:30-8:30pm  
Girls 15U-18U  
@Creative Learning Academy  
3151 Hyde Park Rd,  
Pensacola, FL

Tuesday November 15 5:30-8:30pm  
Girls 12U-14U Local/Regional  
@Creative Learning Academy  
3151 Hyde Park Rd, Pensacola, FL

Once you accept your invite to the team then we have a few short weeks to get all of the gear made and shipped in time for our tournaments. We need as close to correct sizing as possible. We will provide jerseys for sizing at tryouts.

Practices:

18 weeks

16 Weeks

Regional 2x a week 2hr per practice

Grassroots 1x per week, 2hr per practice

Local 2x a week 1.5hr per practice

Practice locations are varying between Creative Learning Academy, Pensacola; Sims Middle School, Pace; and East Milton Community Gym, East Milton. All practices will take place between Monday and Thursday, usually between 6-8pm.

*\*\*You most likely will have to travel for practice. It may be 5, 15, or 30 minutes. For this reason we try to have our start times for all practices at 6pm. We have some wiggle room but we are only allowed certain times and days with all of our facilities. I encourage you to not let distance from your team's practice facility be the reason to not participate. I understand every family is different and has different constraints.\*\**

Sample Schedules, final schedules will be shared after teams are selected.

**\*\*THIS IS A TENTATIVE SCHEDULE. We will try to keep it exact or as close to this schedule as possible.\***

<b><u>Regional Team:</u></b>
<b>1. Dec. 10th or 11th: Friendship Tournament Foley, AL</b>
<b>2. Jan. 21st and 22nd: Lower Alabama Invitational- Foley AL</b>
<b>3 Feb 18th -19th: Gulf Coast Classic (National and American Division) - Foley</b>
<b>4. March 3rd - 4th March Madness - Foley</b>
<b>5. March 18th-19th: Biloxi Open Biloxi, MS</b>
<b>6. April 15th-16th Battle of the Bay - Foley, AL</b>
<b>7. April 29th-30th: Regional Championship - Mobile</b>
<b><u>Local Team:</u></b>
<b>1. Jan. 21st and 22nd: Lower Alabama Invitational- Foley AL</b>
<b>2. Feb 18th -19th: Gulf Coast Classic (American Division) - Foley</b>
<b>3. March 3rd - 4th March Madness - Foley</b>
<b>4. April 15th-16th Battle of the Bay - Foley, AL</b>
<b>5. April 29th-30th: Regional Championship - Mobile</b>
<b><u>Grassroots</u></b>
<b>1. Jan. 21st and 22nd: Lower Alabama Invitational- Foley AL</b>
<b>2. Feb 18 18th -19th: Gulf Coast Classic - Foley</b>
<b>3. March TBD</b>
<b>4. 6th Annual Grassroot Championships: Friday, April 23rd in Mobile, Alabama with a 5:45 p.m. For All Grassroot Teams</b>

Any further questions please feel free to email at [coastalcrushvc@gmail.com](mailto:coastalcrushvc@gmail.com)